

## Ice Breaker Activities for Training Sessions

### "Learning from Experience"

Have participants introduce themselves and answer questions about their experience with the topic about the topic you are covering. Practice "encouragement" as a key value. Have others thought provoking questions.

### "Challenges and Objectives"

Have participants discuss their own experiences in identifying their challenges (both from within themselves and the industry). Have each participant share their own challenges and share their own solutions. Have others thought provoking questions.

### "Questions"

Have each participant answer a question about their experience with the topic. Have others thought provoking questions. Have others thought provoking questions. Have others thought provoking questions.

### "Role Models"

Have each participant identify a role model (person or organization) who has inspired them. Have others thought provoking questions. Have others thought provoking questions. Have others thought provoking questions.

### "Goals and Objectives"

Have participants introduce themselves, sharing their name, company, role, and where they are. Have others thought provoking questions. Have others thought provoking questions. Have others thought provoking questions.

### "Collective Knowledge"

Have participants discuss their own experiences with the topic. Have others thought provoking questions. Have others thought provoking questions. Have others thought provoking questions.

### "A Helpful Colleague?"

Have participants discuss their own experiences with the topic. Have others thought provoking questions. Have others thought provoking questions. Have others thought provoking questions.

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Adapted from *Think Through Training* (©) 2008