

**Sample LIFE PLAN template**  
For YouthBuild Staff and Students

Directions: Make a goal for each area of your life in each box. Make the goals small steps & achievable. Think on what support or resources you might need, and how you will know you reached your goals.

Life Area	Next Month	3 Months	6 Months
<b>My Education</b> GED, college, self-directed learning, certifications, etc.			
<b>My Job &amp; Career</b> skill development, resume prep, job shadowing, career explorations, etc.			
<b>My Family and Friends</b> family relationships, parenting goals, goals for or with friends, support network, mentors, etc.			
<b>My Health</b> physical health, emotional health, exercise and nutrition, rest and relaxation, etc			
<b>My Finances</b> savings, debt, credit, money management, budgeting, asset development, etc.			
<b>My Leadership</b> skills to develop LD opportunities I want community service civic engagement upcoming elections, etc.			
<b>Other</b> spiritual practice, other personal goals, etc.			