

Grade Level: 8th Grade

Upper Merion Area School District  
Curriculum Template

Course: Health

Unit: Drugs and Alcohol

Time frame for Completion: 12-15 Days

| PDE Academic Standards  | Resource Materials   | Learning Objectives - What the students will know and be able to do upon completion of the unit.                 |
|---|--|--|
| 10.1.9.D. Analyze prevention and intervention strategies in relation to adolescent and adult drug use. <ul style="list-style-type: none"> <li>• decision-making/refusal skills</li> <li>• situation avoidance</li> <li>• goal setting</li> <li>• professional assistance (e.g., medical, counseling, support groups)</li> <li>• parent involvement</li> </ul> | Holt Health Text Book  | Analyze prevention and intervention strategies in relation to drug use.  |
| 10.1.9.E. Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.   | The Health Teacher's Book of Lists   | Utilize decision making/refusal skills in a situation where your ride has been drinking.                         |
| 10.2.9.A. Identify and describe health care products and services that impact adolescent health practices.  | Health Promotion Wave: Drug Prevention Video: The Truth About Drinking             | Utilize decision making/refusal skills in a situation where peers are offering you drugs and/or alcohol.         |
| 10.2.9.B. Analyze the relationship between health-related information and adolescent consumer choices. <ul style="list-style-type: none"> <li>• tobacco products</li> <li>• weight control products</li> </ul>  | Health Promotion Wave: Smoking and Chewing Interactive CD                          | Analyze the effects of drugs and alcohol on the body systems   |
| 10.2.9.C. Analyze media health and safety messages and describe their impact on personal health and safety.   | Health Promotion Wave: Fun Facts: Drug Prevention CD                               | Analyze how drugs and alcohol can impact growth  |
| 10.2.9.D. Analyze and apply a decision-making process to adolescent health and safety issues.   | Health Promotion Wave - Know the Score: The dangers of Performance Enhancing Drugs | Analyze how choosing NOT to use drugs and alcohol can impact health maintenance and disease prevention.          |
| 10.3.9.D. Analyze and apply a decision-making process to adolescent health and safety issues.   | Wasted Youth DVD   | Analyze how using drugs and alcohol can impact physical, mental, social and emotional health                     |
| 10.1.9.B. Analyze the interdependence existing among the body systems.  | Discovery Channel: Reality Matters- Deadly Highs                                   | Devise a list of agencies, groups, professionals that can assist in drug and alcohol prevention and intervention |
|   | Discovery Channel: Reality Matters- Smoke Signals                                  | Interpret the media's health and safety messages, describe what they mean to you and how they impact you         |
| (continued next page)   |  |  |

\*\*\*\*\*WORKING DRAFT\*\*\*\*\*