

Structured Play

Activity	Materials	Instructions	Duration	Age Group	Skills	Notes
Block Building	Wooden blocks, cardboard boxes	Children build structures of varying heights and widths.	15-20 minutes	3-5 years	Fine motor skills, spatial awareness	Encourage children to describe their structures.
Sorting Game	Colored beads, buttons, small toys	Sort items by color, shape, or size.	10-15 minutes	2-4 years	Classification, counting	Use simple language to describe items.
Story Time	Books, puppets, props	Read a story and act out the characters.	20-30 minutes	3-6 years	Language skills, imagination	Ask questions about the story.
Music and Movement	Music player, scarves, ribbons	Listen to music and perform simple dances.	15-20 minutes	2-5 years	Motor skills, rhythm	Use props to enhance the performance.
Art Project	Paint, brushes, paper, glue	Create a simple drawing or craft.	20-30 minutes	3-6 years	Creativity, fine motor skills	Provide examples of finished projects.
Reading Time	Books, story cards	Read a book together and discuss the plot.	15-20 minutes	3-5 years	Language skills, comprehension	Ask open-ended questions.
Role Play	Costumes, props, toys	Act out a scene from a story or a real-life situation.	15-20 minutes	3-6 years	Imagination, social skills	Encourage children to take on different roles.
Maths Game	Counters, dice, cards	Simple addition or subtraction game.	10-15 minutes	4-6 years	Maths skills, counting	Use visual aids to help understand.
Science Experiment	Water, vinegar, baking soda, balloons	Conduct a simple experiment like making a volcano.	20-30 minutes	3-6 years	Science skills, observation	Explain the science behind the experiment.