

## Worksheets to accompany Mental Health Advocacy Self-Study DVD

### Purpose of DVD:

- to provide information that will equip ombudsmen to effectively advocate for people with mental health needs
- to provide an overview of the resident population, particularly in the Adult Care Home setting, who have mental illness
- to suggest communication techniques and skills that may be helpful in this setting

### The questions below relate to Part I of the DVD.

1- What are 3 main points that Dr. Wehry makes about people living with mental illness?

2- What is your role as an advocate in working with people living with mental illness?

3- Which movement does Dr. Wehry encourage you to support?

4- What are the types of challenges that advocates encounter in helping people living with mental illness?

9.) “Even a person with a severe psychological disorder such as schizophrenia, which is believed to have a significant \_\_\_\_\_, should see improvement with proper treatment.”

10.) According to Dr. Donald Rosen, what could be the greatest single benefit for person’s suffering from mental illness?