

Unit 5: Money Matters

Lesson 1: Budgeting

How do you manage your money?
Do you have a budget?
What are the benefits of budgeting?
How do you create a budget?

Can you explain the difference between a budget and a plan?
What are the steps to creating a budget?
How do you track your budget?

Discussion

How do you manage your money?
Do you have a budget?
What are the benefits of budgeting?
How do you create a budget?

Activity 1
Write a budget for a month.
List your income and expenses.
How much do you have left?
What are your goals for the month?
How do you track your budget?
What are the benefits of budgeting?

Activity 2
Write a budget for a year.
List your income and expenses.
How much do you have left?
What are your goals for the year?
How do you track your budget?
What are the benefits of budgeting?

Activity 3
Write a budget for a semester.
List your income and expenses.
How much do you have left?
What are your goals for the semester?
How do you track your budget?
What are the benefits of budgeting?

Activity 4
Write a budget for a quarter.
List your income and expenses.
How much do you have left?
What are your goals for the quarter?
How do you track your budget?
What are the benefits of budgeting?