

# Reflection Worksheet I

Name \_\_\_\_\_

Date \_\_\_\_\_

Class of \_\_\_\_\_

Rights and Responsibilities

**1.** Describe yourself! Before you started your service this year, what kind of a person were you? Generous? Stingy? Self-centered? Caring? Open-minded? Closed? Aware of the needs of others? Just focused on your own little world? Religious? Not religious?

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**2.** Name the agency that you served. Why did you select that particular agency?

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Life and Dignity of the Human Person

**3.** Think of one or more events (or even routines) that had an effect on you at your service site. Outline or describe them here.

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**4.** Enough going solo. It's time to set up a meeting with two to four other people who served at your agency. If that's not possible, find others who served at similar agencies, or just tap friends. You'll need to meet for three 40-minute blocks to complete the reflection. You're welcome to meet over smoothies, go out for a movie afterward, etc. Don't forget to celebrate.

**Other Members of My Reflection Group**

**Meeting Dates, Times, and Locations**

_____	_____	1. _____
_____	_____	2. _____
_____	_____	3. _____

Option for the Poor and Vulnerable

The Dignity of Work and the Rights of Workers