

**CLINICAL NOTE**

Date \_\_\_\_\_ Client Name \_\_\_\_\_

**SEEN:**  Individual  Couple  Colleague  Family  with Father  with Mother  Other \_\_\_\_\_  
**Referred by:**  Therapist/Colleague  Client/Colleague  No one

**MENTAL STATUS:**

**Orientation:**  Person  Place  Time/Situation **Self-Perception:**  WNL  Depersonalization  Derealization

**Insight:**  WNL  Impaired **Mood:**  Mild  Moderate  Severe **Judgment:**  WNL  Impaired  Abnormal  
 Moderate  Severe

**Appearance:**  WNL  Not groomed  Unkept  Dirty  Attentive  Unusual

**Behavior:**  WNL  Guarded  Withdrawn  Provocative  Hostile  Irritable  Uncooperative  
 Suspicious  Manipulative  Hypochondria  Selfish  Hypersensitive  Cooperative  Pleasant  
 Under the influence

**Speech:**  WNL  Delayed  Soft  Loud  Stuttered  Excessive  Pressured  Perseveration  
 Incoherent

**Affect:**  WNL  Congruent  Incongruent  Labile  Exaggerated  Constricted  Blunted  Flat

**Mood:**  Euthymic  Euphoric  Irritable  Fearful  Anxious  Depressed  Angry  Sad  
 Not known

**Insight:**  WNL  Limited/Concrete  Impaired  Lacking

**Judgment:**  WNL  Critical  Logical  Impaired

**Thought Process:**  Organized  Disorganized  Goal Directed  Rational  Rigid  Obsessive  Tangential  
 Circumstantial  Perceptual  Concerning of Associates  Blunted  Flight of ideas  
 Memory Impairment (  Recent  Remote )

**Thought Content:**  Relevant  Reflexive  Not Present  Auditory  Visual  Mood Congruent

Mood Incongruent  Other \_\_\_\_\_

Reality Based  Delusional  Not Present  Persecutory  Endorsed  Grandiose  Suicidal

Paranoid  Jealous  Religious

Being Controlled  Persecutory  Thought Broadcasting  Thought Insertion  Mood Congruent

Mood Incongruent  Other \_\_\_\_\_

**Sleep:**  WNL  Impaired  Difficulty Initiating  Early Waking  Excessive  Fatigue

**Appetite:**  WNL  Increased  Decreased

**Risk Assessment:** **Suicidal Ideation:**  No Evidence  Denied  No Intent  Death Wish  
 Plan \_\_\_\_\_

**Homocidal Ideation:**  No Evidence  Denied  No Intent  Plan \_\_\_\_\_

**ETOH/ Substance Use:**  No Evidence  Denied  Social ETOH  Other \_\_\_\_\_  
 Abuse  Dependence