

**Personal Pronoun Reference Chart (an English language resource)**

Personal pronouns are used in the place of the name/s when referring to one or more person in the 3rd person. Pronouns are singular or plural. The most commonly used personal pronouns, “she” and “he”, make reference to gender. A number of pronouns do not reference gender and are termed gender-neutral pronouns. Follows is a limited chart of common pronouns, chosen to illustrate both use and grammatical form.

Nominative Pronoun	Objective Pronoun	Possessive determiner	Possessive Pronoun	Reflexive pronoun	Notes
<i>She laughed</i>	<i>I threw it to her</i>	<i>That is her desk</i>	<i>That desk is hers</i>	<i>She laughed at herself</i>	<i>she/her used as an example</i>
she	her	her	hers	herself	singular feminine
he	him	his	his	himself	singular masculine
one	one	one's	one's	oneself	singular (usu. impersonal pronoun)
they	them	their	theirs	themselves	plural
they	them	their	theirs	themself	singular
ey	em	eir	eirs	emself	singular ('Spivak' pronouns)
xe	xem	xyr	xyrs	xemself	singular
ze	zir	zir	zirs	zirself	singular
ze	hir (pronounced 'heer')	hir	hirs	hirself	singular
per	per	per	pers	perself	singular (derived from "person")

Alternating: two or more pronouns used in some varied way.

**Sources for this resource:**

- Gender-neutral Pronoun FAQ (<http://aetherlumina.com/gnp/listing.html>)
- Gender-neutral pronoun Wikipedia page ([http://en.wikipedia.org/wiki/Gender-neutral\\_pronoun](http://en.wikipedia.org/wiki/Gender-neutral_pronoun))

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