

## Targeted Medical Course

### Metabolic Intervention:

#### Supplementation:

- Catalysts (Vits & Mins)
- Increase Lipid Substrates
- Lipo Protein Formula
- Increase Protein Substrates
- Oral Electrolytes
- IV

#### Dietary Adjustment:

- Balance Pro/CHO/Fat
- Electrolytes (in CA Or N)
- KetoLipid
- Lq Minerals
- Increase H2O
- Increase PUFA

#### GI Support:

- Pancreatic Enzymes
- BiCarb (Na/K,Mg,K,Na)
- Duodenum
- CCK
- Lipase
- Bile Salts
- HCl
- Chlorophyll
- NH4Cl

#### Dietary Restrictions:

- Protein Restriction
- Saturated Fat Restriction
- Refined Sugar
- Carb Restriction
- Trans Fat Restriction
- Gluten (Wheat)
- Caffeine Restriction
- Potential Food Allergens
- Casein (Milk)

### Sequence Of Intervention (label 1 through 9 initiation Of repletion)

- Rehydration
- GI Support
- Liquid Trace Minerals
- Electrolytes
- Substrates As Proteins
- Substrates As Lipids
- Catalysts (Vits & Mins)
- Nutrient Density Focus
- Dietary Restrictions

### IV Protocol: Magnesium Chloride Or Sulfate

Electrolyte Status:  % CO2  % Cl  % P  % Ca  % Na  % K  
 %  Acidosis  Alkalosis

### Detoxification Plan:

Oral:

IV:

### Medication

Adjustment Of Meds

Hormone Replacement

### Overall Impression

### Additional Testing Considerations (Present)

#### Follow Up Testing

BBC Blood Chem / CBC  6 weeks  2 months  3 months  4 months  6 months Approx. Date: \_\_\_\_\_

BBC RBC Fatty Acid  4 months  6 months  8 months  10 months  1 year Approx. Date: \_\_\_\_\_