

Name: _____ Date: _____

Jump Rope, Its Fun!

Sort each group of words in alphabetical order.

___ heart
___ healthy
___ jump
___ rope

___ strong
___ horizontal
___ toes
___ breathe

___ sustain
___ exercise

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___ cardiovascular
___ physical
___ vertical
___ side to side

___ height
___ stand
___ crouch
___ lift

___ land
___ forward
___ backwards
___ shoes

