

Join us. Be the living proof that recovery saves lives.

How to use *The Power of Our Stories*. Organize a training event to watch the video and practice story telling.

You can use the video to demonstrate how people are using their stories to speak out. Then create a supportive environment where people can use the Training Video



Worksheet to practice telling their stories and speaking out. If you are working on a particular issue campaign, you can tailor the worksheet materials to fit that particular campaign.

- Decide on when the event will be, who will host it, and who you would like to come.
- Identify a training facilitator. This person should keep the event on schedule and organize the post-viewing discussion and group exercises.
- Publicize your event. Email friends and coworkers, advertise in your local paper, and create fliers to post.
- Make sure there is a sign-in table and ask a friend to staff it. Have name tags, copies of hand-outs, and light refreshments. Set up the room so everybody can watch the video.
- Make copies of this brochure and the Training Video Worksheet.

FORUMS FOR TELLING YOUR STORY

Start by talking with one other person or a small group. As you become more comfortable and have more practice, expand your audience. Here are some examples of people to speak to and places to speak at:

- ◆ Neighbors
- ◆ Friends
- ◆ Civic organization meetings
- ◆ Media
- ◆ Faith-based meetings
- ◆ Your city council
- ◆ Your state legislators
- ◆ Addiction treatment providers

Recovery community organizations research issues, strategize about what to ask, and mobilize recovery advocates. To find a recovery community organization near you, go to our website at:

www.facesandvoicesofrecovery.org

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The Power of Our Stories:

Speaking out for Addiction Recovery

All across our country, people are organizing and mobilizing to let others know about addiction recovery.

They are moms and dads, brothers and sisters, husbands and wives, and friends of people who have regained their health and lives through freedom from addiction.

They are using their stories to come forward, speak out and stand up for their rights.

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