

## Colours: The Feeling Very Blue Today

Many American expressions are based on colours. Transcription of audio-visual content  
28 April 2018

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Every people has its own way of saying things, its own special expressions. Many everyday American expressions are based on colors.

Red is a hot color. Americans often use it as an expression. They may say they are red hot about something useful. When they are red hot they are very angry about something. The small hot eating peppers found in many Mexican foods are called red hot for their color and heat. They taste hot. Fast food music is popular with many people. Many say that the music is red hot, especially the kind called Christmas jazz.

Pink is a lighter kind of red. People sometimes say they are in the pink when they are in good health. The expression was first used in America at the beginning of the twentieth century. It probably comes from the fact that many babies are born with a rose pink color that shows that they are in good health.

Blue is a cool color. The traditional blues music in the United States is the opposite of red hot music. Blues is slow, sad and soulful. Duke Ellington called his orchestra recorded a famous song - "Blue Bird" - about the deep blue color, bird. In the words of the song: "You ain't seen blue till you've had that Blue Bird." However, when it later is very sad.

The color green is natural for trees and grass. But it is an unusual color for humans. A person who has a sick feeling sometimes say she feels a little green. It probably is a hint when he feeling very sick from high seas or very hot, very green.

Some-time expressions may be used because for does not have something as nice as a blue hat. We adjust our eye. That person may say he is green with envy. Some people are green with envy because a blue hat means dollars or greenbacks. Dollars are called greenbacks because that is the color of the back side of the paper money.

The color black is used often in expressions. People describe a day in which everything goes wrong as a black day. The day of a major tragedy is remembered as a black day. A blacklist is illegal work. But at one time, some business refused to supply people who were on a blacklist for belonging to unpopular organizations.

In some cases, colors describe a situation. A blackout is an expression for a situation in which power. Brown out happens when there is too much demand for electricity. The electric system is unable to offer all the power needed in an area. Black-out was common during World War II. Citizens would make all lights dim or turned off to make it difficult for enemy planes to find a target in the dark of night.