Sample Weekly Lesson Plan
<u>Toddlers</u>

Area	Monday	Tuesday	Wednesday	Thursday	Friday
Early Morning Activities	Children assist with simple morning tasks (opening the classroom). Children participate in prepping activities for the day. Open exploration of the classroom.				
Assessment or teacher strategy					
Social Emotional	Hide and Seek in large cardboard boxes. Sing "Where is Katy" song with children's pictures. Take pictures for scrap-book: the process of washing, mashing and eating mash potatoes.				
Assessment or teacher strategy	Teachers will take pictures of children involved with the different steps of mashing potatoes.				
Sensory	Rub shaving cream on tabletops. Wash/scrub potatoes for food activity	Explore different textured balls.	Rub shaving cream on tabletops. Explore oatmeal – dump and scoop with cups.	Explore different textured balls.	Wash plastic balls in soapy water tubs.
Assessment or teacher strategy	Teachers encourage children to touch the shaving cream and talk about its sensory properties.	Teacher will have different textured balls for children to explore, describing the texture (soft, rough, sticky, etc.).			Teacher will invite children to place balls inside the tubs to wash.
Gross Motor	Move to music with streamers.	Mash potatoes with mashers.	Move through large wooden shapes.	Throw different sized bean bags into baskets.	Move bodies on riding toys in the classroom.
Assessment or teacher strategy	Teachers encourage and model large muscle movements such as up and down.	Teachers will involve children in the process of cooking and setting up materials for mashing potatoes. Teachers will model using mashers.	Teachers assist as needed.		Teachers bring in outdoor scooter, push and play toys from outside.
Outdoor Activities	Run and yell through tunnels – weather permitted. Discuss changes in weather.				
Assessment or teacher strategy	Teachers draw attention to physical changes in environment – wet, cold, windy, etc.				
Health & Nutrition	Eat healthy foods for snacks – bananas and mash potatoes.				