

# SQ4R

## **S = SCAN**

each page quickly.

## **Q = QUESTION**

as you scan.

## **R = READ**

(does *not* mean reading every word.)

## **R = REFLECT**

– think about what you've just read.

## **R = RECITE**

aloud to yourself as you read;  
talk to yourself.

## **R = REVIEW**

what you've just read.