

## CLASSIFICATION WORKSHEET

Residents in Adult Care Homes have their care needs classified using the six Activities of Daily Living in the chart below, note if the potential resident is Independent, Needs Assistance or is Dependent.

**INDEPENDENT:** Does not require help of another person to perform task

**ASSISTANCE:** Requires the help of another person with part of a task

**DEPENDENT:** Requires the help of another person with all parts of a task

### Definitions of Activities of Daily Living

**1) Eating/Nutrition:** The ability to feed and eat appropriate foods with or without special equipment.

**2) Dressing:** The ability to physically dress and undress in appropriate clothing and to comb one's hair, file nails, use cosmetic products, etc.

**3) Personal Hygiene:** Daily bathing, shaving, oral care and grooming hair.

**4) Toileting:** Bowel and bladder control.

**5) Mobility:** The ability to get around, both inside and outside, using items like canes and wheelchairs if necessary; ability to transfer from bed or wheelchair.

**6) Behavior Management:** Ability to maintain appropriate behavior. Examples of behaviors that require assistance and re-direction may include; exiting/wandering, aggressive outbursts, inappropriate toileting and self-destructive behavior.

4b. Item is rounded.....	Wadget
5a. Item has a spherical shape.....	go to 6
5b. Item is not spherical.....	go to 7
6a. Item is white in color.....	Whatnot
6b. Item is not white in color .....	Fancy Whatnot
7a. Item is a writing instrument.....	go to 8
7b. Item is not a writing instrument.....	go to 9
8a. Item is white in color .....	Screecher
8b. Item is not white in color.....	Squealer
9a. Item is partly or completely made of metal.....	go to 10
9b. Item does not have metal parts.....	go to 11
10a. Item is more than 3cm in length.....	Super Duper
10b. Item is less than 3cm in length.....	Itsy Bitsy
11a. Item is soft or flexible.....	Oopsey
11b. Item is not soft or flexible.....	Cubey