

Score

14

02-03-01-010-s

Name: \_\_\_\_\_ Subject: Year 2 Science  
Date: \_\_\_\_\_ Unit: 2a Health and growth

### Health and Growth Questions

- 1) Is chocolate a healthy food? \_\_\_\_\_
- 2) Name a fatty food \_\_\_\_\_
- 3) Is playing in the garden exercise? \_\_\_\_\_
- 4) From what animal does pork come from? \_\_\_\_\_
- 5) Do we need a good nights sleep to stay healthy? \_\_\_\_\_
- 6) What food group do fish and meat belong to? \_\_\_\_\_
- 7) Name a vegetable \_\_\_\_\_
- 8) Name a fruit \_\_\_\_\_
- 9) Name a carbohydrate \_\_\_\_\_
- 10) Is cream a protein? \_\_\_\_\_
- 11) Does television keep you healthy? \_\_\_\_\_
- 12) Name a food that gives us vitamins \_\_\_\_\_
- 13) Do we need water to stay healthy? \_\_\_\_\_
- 14) How many fruit and vegetables should you have a day?  
\_\_\_\_\_