

<b>Setting Life Goals - Goal Setting Worksheet</b>			
	<b>SHORT TERM - &lt; 1 YEAR</b>	<b>MEDIUM - 1 to 5 YEARS TERM</b>	<b>LONG TERM - &gt; 5 YEARS</b>
<b>Spiritual</b>	Type your goals in the individual areas of this spreadsheet and then you may print the spreadsheet.		
<b>Family</b>			
<b>Emotional</b>			
<b>Financial</b>		Type your goals in the individual areas of this spreadsheet and then you may print the spreadsheet.	
<b>Career</b>			
<b>Physical</b>			
<b>Social</b>			Type your goals in the individual areas of this spreadsheet and then you may print the spreadsheet.