

PATIENT HANDOUT - DEPRESSION AND MENTAL HEALTH PATIENT EDUCATION MATERIALS

Listing of Patient Resources

Agency for Health Care Policy and Research

- *Depression is a treatable illness* NO5
- www.AHRQ.gov/consumer
- Information about depression, its causes, treatment options, professionals who treat the disease, national programs and assistance.

American Academy of Family Physicians

- *Patient Educational Information*
- <http://familydoctor.org/046.asp>

sources including methods for screening depression, symptoms, types of treatment, women depression issues, geriatric depression and

- Excellent information and resources for commonly asked questions, types of treatment, and an events calendar.

CM™, with permission. 2005.

purposes only and is not intended to direct treatment decisions or health care services and can not guarantee any results or outcomes. All patient care and related decisions are the sole responsibility of the treating provider.

Adapted from the Three Component Model, 3rd Edition. This information is provided for informational purposes only and is not intended to direct treatment decisions or health care services and can not guarantee any results or outcomes. All patient care and related decisions are the sole responsibility of the treating provider.

