

The Mood Disorder Questionnaire

Name: _____ Date: _____
DOB: _____ Height: _____
Health-Care Provider: _____ Phone: _____

Questions

Has there ever been a period of time when you were not your usual self and...

- You felt so good about that other people thought you were not your normal self or so much that you got in trouble? Yes No
- You were so irritable that you directed at people or started fights or arguments? Yes No
- You felt much more self-confident than usual? Yes No
- You got much less sleep than usual and found you then foundly tired? Yes No
- You were much more talkative or spoke much faster than usual? Yes No
- Your thoughts raced through your head or you couldn't slow your mind down? Yes No
- You were so easily distracted by things around you that you had trouble concentrating or staying on task? Yes No
- You had much more energy than usual? Yes No
- You were much more active or did many more things than usual? Yes No
- You were much more social or outgoing than usual, for example, you introduced friends in the middle of the night? Yes No
- You were much more interested in sex than usual? Yes No
- Would things that were unusual for you or that other people might have thought were excessive, foolish, or silly? Yes No
- Spending money got you or your family into trouble? Yes No

If Yes to Any Questions: _____

If No to All Questions: _____

Name: _____

Health Care Provider Name: _____