

## Premarital Counseling

### *Pre-Counseling Questionnaire*

To my new friends:

You have received this questionnaire because you have asked me to perform your premarital counseling (and perhaps your wedding as well), and because I want to offer you the best premarital counseling that I am able to offer.

I realize that I do not know you well— not yet! I trust that during counseling I will get to know you much better. However, for me to counsel you well from the start, I need to ask about who you both are, what your backgrounds are, what work is like for you, what your family was like growing up, and other things about you and your past. Many of these questions are **very** personal; in fact, some of them may touch on things that you have not yet spoken about openly even with your fiancé.

Please trust that your completed questionnaire will not be shared with anyone else; I will not use this information against you; and I am not looking for ways to judge you or make you feel awkward or ashamed. And please also trust that I, and many who are wiser than I am, have concluded that these topics are very important factors in how healthy your marriage will be. I simply want to work with you to lay the foundations for the healthiest marriage possible.

#### **About the couple**

##### **General Information:**

How long have you known each other?

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How long have you been dating?

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How long have you been engaged?

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What is the anticipated date of your wedding?

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Are you currently living together?  No  Yes

Are you currently sexually active?  No  Yes

##### **Counseling Information:**

Which of the following time-slots best suits BOTH of you for pre-marital counseling sessions?  
(Circle all that apply)

##### **Days**

Monday      Tuesday  
Wednesday   Thursday  
Friday        Saturday

##### **Times**

Early morning      Morning  
Mid-day              Afternoon  
Late afternoon      Evening