

Sample of a Completed Behavior Management Plan

Date: January 2005 **Duration of Intervention:** Approx. 3 months

Student: CW **Class/Grade:** 1st grade

Goals:

1. CW will not become disruptive during task transitions
2. CW will not exhibit aggressive behaviors toward other students when he becomes anxious
3. CW will regulate his reactions to the classroom environment

CW's reactions are triggered when there are changes in the schedule, changes in classroom routines, and during unstructured play time.

Target Replacement Behaviors:

1. Signal to teacher when overwhelmed.
2. Use words when angry.
3. Keep hands to yourself. Keep hands away from other children when angry.
4. Learn to go to a quiet area independently when needing to calm down.
5. Go to an adult to ask for help when transitions or peer negotiations are difficult.

Student Feedback:

1. CW responds well to acknowledgement. Use statements to connect the positive actions and provide verbal recognition when he is meeting his goals.
2. A desk chart will be created with stickers to reward replacement behavior. If CW receives three stickers at the end of the day, he will be able to select a favorite activity from the reward survey to complete during activity time.
3. If CW does not meet the criteria of three stickers at the end of the day, the teacher will present him with choices of activities to select during unstructured time, or he may need to use that time to make up the work he missed.
4. Story boards and discussions will be utilized with CW to discuss the behavior incident as soon as he is able to discuss the problem. With the aid of the instructor, the problem will be reviewed and supportive options for next time created.
5. If CW cannot transition without assistance, a teacher will facilitate class changes. This may involve using tools such as handing CW a visual card to demonstrate transition time.