

# Smart Goal Map

Directions: List the required information in the appropriate areas as indicated

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**S**

Make it  
Specific

What do you want to accomplish?

**M**

Make it  
Measurable

How will you know when you have accomplished your goal?

**A**

Make it  
Attainable

How can the goal be accomplished?

**R**

Make it  
Relevant

Is this goal worth working hard to accomplish? Explain

**T**

Make it  
Timely

By when will the goal be accomplished?