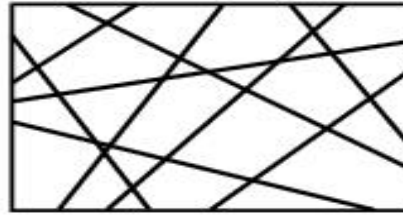


Name: _____ Date: _____
Class: _____ Teacher: _____

Learning About Nutrition



Complete the activity.

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |

1. diet	6. intake	11. plants	16. protein
2. medicine	7. minerals	12. macronutrients	17. scurvy
3. nutrients	8. health	13. grains	18. carbohydrates
4. energy	9. phytochemicals	14. micronutrients	19. Hippocrates
5. antioxidants	10. fiber	15. vitamins	20. water