

### Sub-Task #3 Healthy Relationships with Friends, Family and Peers

#### Materials

See list of Appendices

#### Description

Students will learn the factors which enhance friendship and then perform acts of friendship in the week ahead. They will record the act of friendship, and how the act of friendship was received.

Expectation Code	Learning Expectation
Sp2	Describe physical, emotional and interpersonal changes associated with puberty
Sp9	Identify strategies to deal positively with stress and pressures that result from relationships with family and friends
Sp10	Identify factors (e.g., trust, honesty, caring) that enhance healthy relationships with friends, family and peers

#### Assessment Opportunities - Suggestions for Assessing Expectations

Summative Assessment: Pencil and Paper - Evaluate performance and recording of Acts of Friendship (see Appendix B) using a marking scheme.

#### Teaching/Learning Strategies

##### 1. What is a Relationship?

- Students brainstorm "What is a relationship?" For example, it's when two people meet and become friends. They share mutual interests and enjoy each other's company.

##### 2. Peers and Friends

- Ask students to define terms: peer, friends and family. Differentiate between peers and friends. Divide class into pairs. Each pair will be assigned one of the three topics (friends, peers, or families) and asked to list the things that make a healthy relationship for this topic.