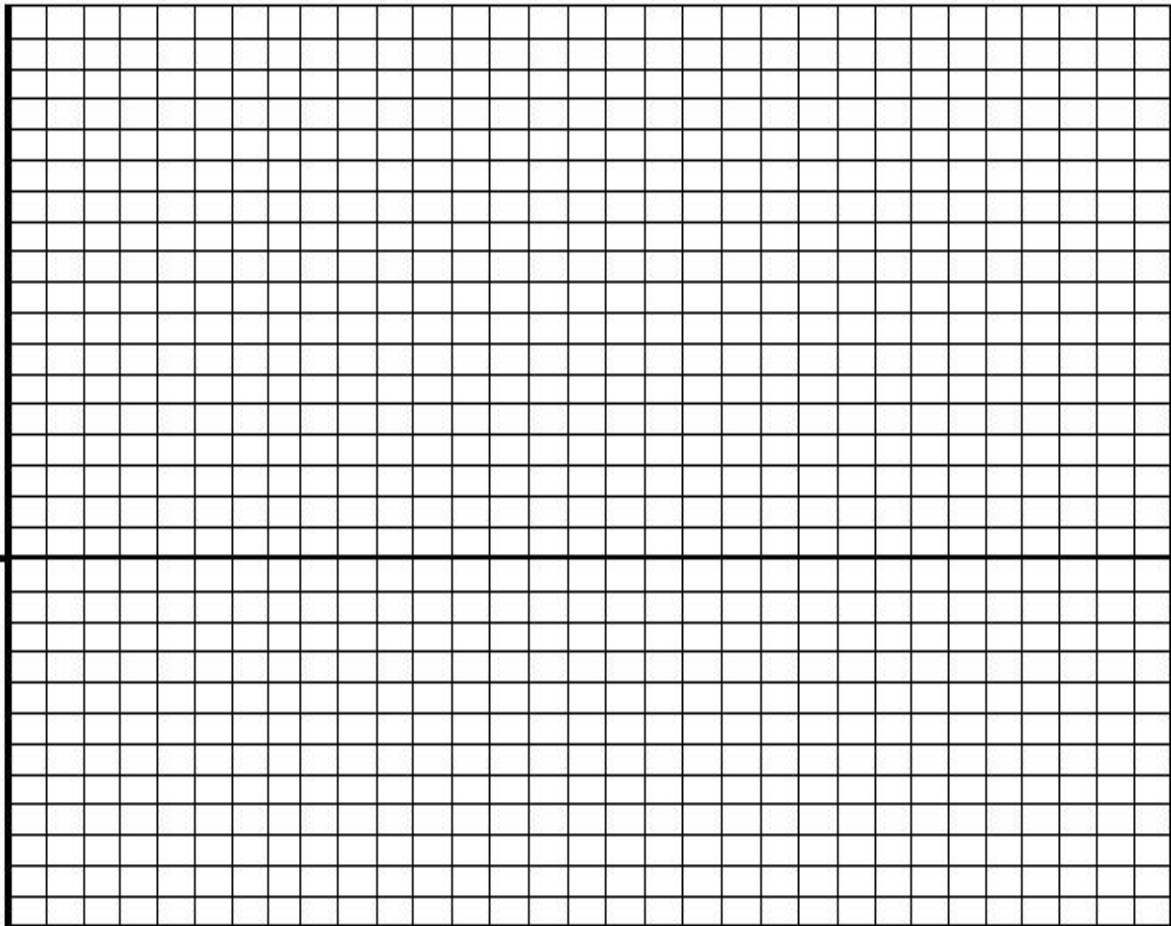


# Food and Fluid Intake Tracking

2000 cc  
1900 cc  
1800 cc  
1700 cc  
1600 cc  
1500 cc  
1400 cc  
1300 cc  
1200 cc  
1100 cc  
1000 cc  
900 cc  
800 cc  
700 cc  
600 cc  
500 cc  
400 cc  
300 cc

100%  
90%  
80%  
70%  
60%  
50%  
40%  
30%  
20%  
10%  
0%



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

FHA  
Initials

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31