

**Watch an HBO Documentary on Eating Disorders**

Name \_\_\_\_\_

This movie will take 28 minutes to view. This assignment is due by Monday the 9<sup>th</sup>.

Questions prior to viewing the movie:

1. Do you or do you know anyone with an eating disorder? (binging, purging and starving themselves)
2. If so, have they told anyone? If not, why not?
3. Have you ever felt that you were full?
4. If yes to #3 what did you do about it?

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5. What role does shame play out in the video?

6. How does Perfectionism play out in the video?