LISt (IV	isositarionio,		4 Step inventory							www	.AAstepguic	163.00111
Column 1 (Big Book: 3 <sup>rd</sup> Ed. Pg. 65)	<b>Column 2</b> (Big Book: 3 <sup>rd</sup> Ed. Pg. 65)	Column 3 (Big Book: 3 <sup>rd</sup> Ed. Pg. 65) Which Affects / Threatens My:						Column 3A (This Column Not In the Big Book)	<b>Column 4</b> (Big Book: 3 <sup>™</sup> Ed. Pg. 67, 68, & 69)	Column 5 (Big Book: 3 <sup>rd</sup> Ed. Pg. 67 & 69) The Exact Nature Of Our Wrongs:		
I Am Resentful At:	The Cause / Situation: (Fancied - imagined) or Real)							Which Caused These Feelings:	What I Did:			
(First Names, Last Initial)	(Injuries)						As a result of being injured, I felt	Putting out of our minds the wrongs of others	(That is, if	"What I Did"	was wrong)	
People, Principles, or Institutions	We asked ourselves why we were angry.	Ambitions  Status Security				Sex		Before you look to the "List of Feelings" sheet, make an attempt to purge your memory of the feelings that you had at the time of the incident in (Column 2). Searchingly,	1A) List "What I Did" with respect to how I may have responded or reacted to the causels/listing (oil/umn 2).      1B) List "What I Did" with respect to those prior thoughts and/or and the causels of the causels	Self-Seeking,	Dishonest	Frightened
		Self Personal Esteem Relationship		Material Emotional		Procreation And / Or Hidden Agenda  Received Agenda		list as many as apply to each	actions that may have "set me up" for this resentment .	Inconsiderate		
		Esteen	Relationships	Material	Effetiofia	And / Or Pleasure	Agenda	situation.	2)and what should we have done instead?			
									1A) 1B) 2)			