

# EducationLINK

a weekly supplement for educators

## VALENTINE'S DAY ACTIVITIES

**Teachers:** Valentine's Day is longed steeped in history and tradition. Enjoy the following information and a special Valentine's Day scavenger hunt for your students to complete.

### History

In Great Britain, Valentine's Day began to be popularly celebrated around the seventeenth century. By the middle of the eighteenth century, it was common for friends and lovers in all social classes to exchange small tokens of affection or handwritten notes. By the end of the century, printed cards began to replace written letters due to improvements in printing technology. Ready-made cards were an easy way for

people to express their emotions in a time when direct expression of one's feelings was discouraged. Lower postage rates also contributed to an increase in the popularity of sending Valentine's Day greetings.

Americans likely began exchanging hand-made valentines in the early 1700s. In the 1840s, Esther A. Howland began to sell the first mass-produced valentines in America. ([www.history.com](http://www.history.com))

### St. Valentine's Day Scavenger Hunt

1. Find something in the newspaper in the shape of a heart.
2. Find an activity in the newspaper that you would just "love" to do if you had the time and money.
3. Find an unusual gift in the newspaper that you could give to someone to express your love.
4. Find 5 items in the newspaper that come in pairs.
5. Find an example of something that would improve your "heartiness" or condition of being physically and mentally fit.
6. Find someone in the news who has "heart" or the quality of mind that would enable them to face danger or hardship resolutely.
7. Find someone in the news who is suffering from "heartache" caused by loss

or despair. How could they be helped?

8. Read an article with "heartening" news that would inspire confidence or hope in the future.
9. Find an example of foods that would make a "hearty" or "heart healthy" meal.
10. Find an example of someone who was "heartless" or totally lacking in compassion or caring for his or her fellow human beings.
11. Find an item in the newspaper that you would like to buy that would be a "sweetheart of a deal."
12. Tell someone today that you love them!

### Symbols of Valentine's Day:

Cupid (The Roman God of Love), Doves, Love Birds, Roses, Hearts, Arrows.

### Facts About Valentine's Day:

- Over 1 billion Valentine cards are sent in the U.S. each year.
- Some of the countries that celebrate Valentine's Day: The United States, Canada, Mexico, United Kingdom, France, and Australia.
- Over 50 million roses are given for Valentine's Day each year.

### Cocoa of Love

**Ingredients:**  
red hot cinnamon heart candies  
marshmallow hearts (small)  
One package instant cocoa  
Plastic sandwich bags

### Preparation:

Pour instant cocoa into the snack baggie. Add some cinnamon hearts and marshmallow hearts. You now have the perfect homemade Valentine's Day Gift to give to a loved one.

### We have a winner!

The Fur Rondy is pleased to announce that the winning family for this year's Scavenger Hunt is the VonBergelen family: Jane, Bob, Janelle and Keenan!

Many thanks to all of the participants you who worked so hard on the Fur Rondy Scavenger Hunt. We hope that you learned a lot about Anchorage and the Fur Rondy, and that you had the opportunity to spend some quality time together while scavenging for your clues!



Anchorage Daily News  
NEWSPAPERS IN EDUCATION

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What kinds of information would you like to see in the Newspapers in Education feature on Thursdays? We'd love to hear from you! To contact the NIE Coordinator, call (907) 257-4437, fax (907) 257-4478, or email [nie@adn.com](mailto:nie@adn.com).

