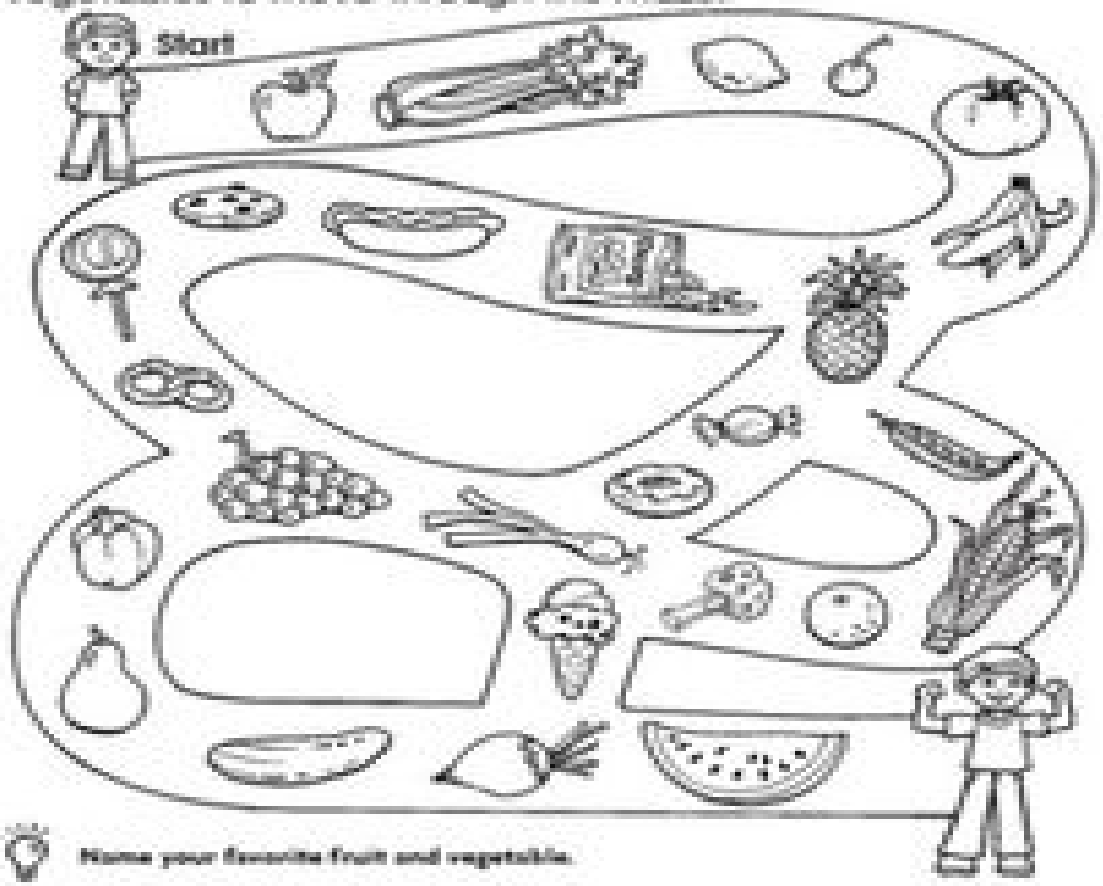
Name _____

Healthy Treats to Eat

Fruits and **vegetables** help our bodies grow big and strong. Say the name of each picture. Then follow the fruits and vegetables to move through the maze.



Name your favorite fruit and vegetable.

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