

ADULT ESOL LESSON PLAN

ESOL LEVEL 4

<p>ESOL COMPETENCIES: 58.0 Health and Nutrition 58.04 Recognize and apply practices relating to personal hygiene and grooming.</p>		<p>Cultural Focus: It is essential to practice proper grooming and personal hygiene for good health and social acceptance in the U.S.</p>
<p>Classroom Procedure:</p> <ol style="list-style-type: none"> Assess prior knowledge by asking: Why is it important to practice proper grooming and hygiene? Ex. to conform to social standards to maintain good health habits. Elicit and list students' responses, focusing on the vocabulary words. Guide students in identifying a variety of grooming products. Ex. Hair brush, comb, deodorant, toothpaste, perfume, etc. Partners write a description of each grooming product and their uses in question form. They present a few examples to the class for others to guess. Ex. It has bristles and a long, thin handle. It is used to clean teeth. What is it? It is a toothbrush. Students use examples in grammar focus to identify and practice the appropriate use and frequency of grooming products. Students write a paragraph stating use and frequency of hygiene products. Summarize by comparing grooming and hygiene practices in students' countries. 	<p>Grammatical Focus:</p> <p><u>Modal auxiliaries</u> and time expressions: I <u>must</u> wash my face every morning and every night. You <u>had better</u> floss daily to avoid plaque. I <u>need to</u> brush my teeth when I wake up. Fundamental of English Grammar pgs. 94-113 Frequency adverbs & phrases everyday, every other day, once a week, etc.</p>	<p>Vocabulary:</p> <p>deodorant toothpaste mouthwash dental floss powder soap lotion cotton swabs facial soap shampoo conditioner tweezers shaving cream hairbrush comb razors hygiene grooming manicure pedicure nail clippers perfume/ cologne</p>
	<p>Pronunciation:</p> <p>Y as a vowel - <u>hygiene</u> Vowel <u>ow</u>- <u>powder</u> Compound words- toothpaste mouthwash</p>	
	<p>Community Resources:</p> <p>Invite a speaker from a drug store to discuss grooming and hygiene products or call a hotel to secure free samples of grooming products and discuss their use.</p>	
<p>Text Books: Life Skills/ Personal Health, p. 5-13</p>	<p>Materials/ Additional Resources: A variety of grooming products</p>	<p>Evaluation: Students state use and frequency of hygiene products. Students write paragraph identifying use and frequency of hygiene products.</p>