

Follow the sequence and fill in the missing number.

|          |            |            |
|----------|------------|------------|
| 45 50 55 | 45 50 ---- | ---- 50 55 |
|----------|------------|------------|

|          |            |            |
|----------|------------|------------|
| 26 33 40 | 26 ---- 40 | 26 33 ---- |
|----------|------------|------------|

|             |               |               |
|-------------|---------------|---------------|
| 19 23 27 31 | 19 ---- 27 31 | 19 23 ---- 31 |
|-------------|---------------|---------------|