

# I am thankful for...

**Thanksgiving** is an annual American holiday held on the fourth Thursday of November each year. The holiday dates to 1621, when the first American settlers experienced a harvest with the Native Americans to celebrate the autumn harvest. Although the holiday is very old, it has become a day for Americans to spend time with their families and think about what they are thankful for. And, of course, Thanksgiving is also food! Typical Thanksgiving foods include food eaten, including turkey, sweet potatoes, corn and pumpkin pie, and it doesn't get any more family oriented than our way of celebrating the holiday with other thankful foods. Thanksgiving is also a time to see all the fun foods in the year where the whole family can appreciate together – teachers, mothers, nannies, uncles, cousins, grandparents and other members of the family often travel very far to celebrate the holiday! Now, let's appreciate thinking about our family and what we're so thankful for this year!

Now, let's review some Thanksgiving vocabulary –

appreciate	thank
Native Americans	turkey
Thanksgiving	corn
Turkey	harvest

Now, let's think about our own families and the times we spend together. What times during this year are special family events? Are there any special foods for these times? Do you travel far to spend time with your family on special days?