

Social Skills Lesson Plan

Classroom

Skill: Be Responsible
Follow directions

Steps:

1. Have a class discussion regarding the need for following directions.
2. Introduce the game 'Simon Says' (be sure to explain the rules first). At first, game could begin as 'Teacher says' and when the students demonstrate an understanding of the game change it back to 'Simon Says,' allowing children to be Simon.
3. Throughout the school day, the adults in the room provide the children with precorrections as they practice 'following directions.'
4. Students can practice walking vs. running or skipping; using an 'inside voice' vs. 'yelling,' etc.
5. Take the next step further: practice following 2-3 step directives.

Modeling/Role Play

1. Have adults model following each other's directions and acknowledging effort.
2. Let children give directions to adults in a role-play situation.
3. Play a game of children giving directions.

Possible Materials

1. Space to play game
2. Visual prompts, if necessary
- 3.

Homework: send home a note suggesting parents and other relatives play 'Simon Says' with the children.