Food
Groups

Write in the blanks below with the name of a food that belongs to each group!

Name_____   Date_____

Dairy

. . . .
. . . .
. . . .
. . . .
. . . .

Fruit

. . . .
. . . .
. . . .
. . . .
. . . .

Vegetable

. . . .
. . . .
. . . .
. . . .
. . . .

Protein

. . . .
. . . .
. . . .
. . . .
. . . .

Grain

. . . .
. . . .
. . . .
. . . .
. . . .