

Physical Education Lesson Plan

Rowan County Middle School

May 10-May 14, 2010

Randy Wallace

Unit: Stations, Team Games Core Content PL- 2.31, 2.34, 2.35, 4.3 and 4.4

Essential Question: Why is teamwork important in team sports and partner play?

I Can: Make good decisions to make my team better.

Develop strategies that help my team be more competitive

Classroom activities:

Monday, May 10, 2010 – 6th, 7th and 8th grade students will continue station unit. Students will review rules and procedures for play of each activity. Sportsmanship and fair play will be emphasized.

Tuesday, May 11, 2010 – 6th, 7th and 8th grade students will participate in team sport activities. Due to testing classes will only be 25-30 minutes in length.

Wednesday, May 12, 2010 – 6th, 7th and 8th grade students will continue team sport activities. Due to testing classes will only be 25-30 minutes in length.

Thursday, May 13, 2010 – 6th, 7th and 8th grade students will continue to participate in team sports activities. Due to testing classes will be shortened to 25-30 minutes in length.

Friday, May 14, 2010 – 6th, 7th and 8th grade students will continue team sports activities. Due to testing classes will be shorter(25-30 min.)

****Team sports activities may include whiffleball, kickball, basketball or volleyball.**