

**True or False?**

- 1) You should change your underclothes every day. .... True  False
- 2) Skin temperature is the same all over. .... True  False
- 3) All germs are harmful ..... True  False
- 4) You can not be contaminated by your own germs. .... True  False
- 5) To avoid catching a cold you should wash and dry your hands regularly. .... True  False
- 6) Linen handkerchiefs are more hygienic than paper handkerchiefs. .... True  False
- 7) You should brush your teeth for three minutes after every meal. .... True  False
- 8) A wound is safe under a bandage. .... True  False
- 9) You should put your hand in front of your mouth when you cough or sneeze. .... True  False
- 10) Hands have the most germs. .... True  False

This text is not correct: there are no full stops, commas or capital letters! Correct it by:

- Colouring yellow the letters which should be capitals;
- Adding full stops and commas in red.

always wash your hands before eating to avoid swallowing germs hands get covered in germs when you play or touch dirty things these germs can make you ill babies sick people and old people are very vulnerable to germs germs also hide in clothes so don't forget to change them regularly especially pants and socks.

**Jumbled Words**

Cross out all the words you find horizontally or vertically and write the letters that are left in the yellow boxes. You will find out what the Netoon brushes after every meal.

S	S	E	R	D	W	E	A
O	G	F	T	H	A	I	R
A	E	O	H	A	S	F	M
P	R	O	T	N	H	I	B
N	M	T	S	K	I	N	L
O	S	T	E	Y	N	G	O
S	C	O	M	B	G	E	O
E	Y	E	B	E	A	R	D

- Arm
- Beard
- Blood
- Comb
- Dress
- Eye
- Finger
- Foot
- Germs
- Hair
- Hanky
- Nose
- Skin
- Soap
- Toe
- Washing

