

11. Sarcomere-_____
12. Skeletal-_____
13. Stimulus-_____
14. Tonus-_____
15. Visceral-_____

Just the Facts

1. Muscle contraction is the _____ of muscles when stimulated.
2. _____ is the muscle's ability to maintain slight, continuous contraction.
3. Skeletal muscle tissue looks striated, or _____, under the microscope.
4. The three parts of the skeletal muscle are the _____, _____, and .
5. _____ muscle lines various hollow organs, makes up the walls of blood vessels, and is found in the tubes of the digestive system.
6. Cardiac muscle is found only in the heart and is _____ striated.
7. _____ is a condition in which muscles remain contracted as a joint loses flexibility and ligaments and tendons shorten.
8. Two muscular system disorders that are caused by bacteria are _____ and _____.
9. A muscular system disorder that includes a genetic cause in one form is _____ _____ .
10. When choosing a sports club, some factors that should be considered include the credentials of the _____ , _____ of the facility, _____ _____ , and _____ terms.

Use the circled letters to form the answer to this jumble. Clue: What is a new trend in sports medicine that studies the body in motion?

