

## Mental Health

Please use accurate terminology as suggested. Mark me the meaning of the following words... your teacher will check with you.

1. Depression
2. Anxiety
3. Schizophrenia
4. Bipolar Depression
5. Early Onset Disorder
6. Stress
7. Lack of Confidence

### Exercise: Write mental health:

When people say words like they don't feel good

They might be using words that describe how they feel. The words they use are called mental health words. Some of the words they use are depression, anxiety, schizophrenia, bipolar depression, early onset disorder, stress, and lack of confidence. These words describe how people feel and what they are experiencing.

Some people use words that describe how they feel and what they are experiencing.

Some people use words that describe how they feel and what they are experiencing. Some people use words that describe how they feel and what they are experiencing. Some people use words that describe how they feel and what they are experiencing.

The report found that people who have depression experience more mental health problems. One person said, "I would not be happy to hear that the report found that people who have depression experience more mental health problems. I would not be happy to hear that the report found that people who have depression experience more mental health problems."