

Learning Styles Questionnaire

This questionnaire helps you to identify your own learning style. Read the following descriptions and give a score to each item (1 = Disagree, 2 = Neutral, 3 = Agree) for you to complete the table.

Score 1 = 100% Disagree, 2 = 50% Disagree, 3 = 0% Disagree
 4 = 50% Agree, 5 = 100% Agree

Visual/Graphic Visual

- 1. I visualize concepts
- 2. I use color to learn
- 3. I like graphs and charts

Score
 100%
 50%
 0%

Total

Verbal/Textual Verbal

- 1. I describe things verbally
- 2. I like reading
- 3. I use words to explain things

Score
 100%
 50%
 0%

Total

Number/Mathematical Mathematical

- 1. I like doing math problems
- 2. I like numbers
- 3. I like doing word problems

Score
 100%
 50%
 0%

Total

Adding your three scores results in 300. The score with the most points represents your dominant learning style.

My learning style is _____