

Physical Education

Subject/Activity: Kickball

Grade: 9-12

Objective:

- The learner will throw, catch, and work cooperatively with 80-85% of the students achieving the mature level as determined by teacher evaluation.

Standards:

South Dakota Content Standard/Goal One: Students will develop competency in all fundamental movement skills and proficiency in some movement forms.

South Dakota Content Standard/Goal Four: Students will develop responsible and respectful personal and social behavior in physical activity settings.

Equipment:

- 4 bases
- 1 ball
- Pennies

Activity:

Warm-Up

Lesson: Kickball

Organization:

- Set the bases up in the gym as you would a softball diamond.
- Divide class into 2 teams, give them pennies.
- Kickball Rules:
 - The same rules as softball apply except the ball is being pitched by rolling it on the ground and the batter is kicking it.
 - *Foul balls do not count as strikes.
 - *The ball can be thrown at the person, shoulders & below, for an out

Assessment:

**Formative assessment will be done throughout lesson

Cognitive & Psychomotor: Assess student's ability and understanding via teacher evaluation.

Affective: Assess student's cooperation with others via teacher evaluation.