


Holt Decisions for Health – Pacing Guide
Grade 6 – Chapter 2
Making Good Decisions

Lesson	Text pages TE/SE	California Health Framework Standards	Bellringer TE & TT	Lesson Reviews TE & SE	Directed Reading Worksheet CRF	Concept Review CRF	Assessment Quiz CRF	Suggested Activities	At Home Activities (CRF)
<i>Lesson 1</i> You Are a Decision Maker	pp. 22-23		p. 22	p. 23	p. 1 #1-7	p. 9 #1-6	p. 19	Skills Worksheet/Cross-Disciplinary: Art (You Are a Decision Maker!) CRF p. 17 Health Journal SE/TE p. 22	pp. 41-42
<i>Lesson 2</i> Six Simple Steps to Good Decisions	pp. 24-27	5.2c 5.2e 7.2c	p. 24	p. 27	pp. 1-2 #8-15	pp. 9-10 #7-15	p. 20	Skills Worksheet/Decision-Making Skills & Cross-Disciplinary: Language Arts (Six Simple Steps to Good Decisions) CRF pp. 15 & 18 Health Journal SE/TE p. 27	
<i>Lesson 3</i> Facing Pressure	pp. 28-31		p. 28	p. 31	pp. 2-4 #16-25	pp. 10-11 #16-21	p. 21	Skills Worksheet/Refusal Skills (Facing Pressure) CRF p. 13 Activity (Poster Project) TE p. 29	
<i>Lesson 4</i> Goals	pp. 32-35	7.2c 7.2e	p. 32	p. 35	pp. 4-5 #26-33	pp. 11-12 #22-25	p. 22	Health Journal SE/TE p. 33 Hands-on Activity (Success) SE/TE p. 34	
<i>Lesson 5</i> Choosing and Reaching Your Goals	pp. 36-39		p. 36	p. 39	pp. 5-6 #34-43	p. 12 #26-33	p. 23	Skills Worksheet/Refusal Skills & Decision-Making Skills (Choosing and Reaching Your Goals) CRF pp. 14 & 16 Concept Mapping CRF p. 7	
<i>Chapter Review</i>	pp. 40-41								

Assessment Review: Brain Food Quiz **Chapter Assessment:** CRF pp. 24-27 **Performance Based Assessments :** CRF pp. 28-29

Video Options: Access www.go.hrw.com and key in HD4DE6V for this chapter **Time Limitations:** Omit lesson 5

Additional CRF Activities/Options:
 Life Skills - CRF pp. 31-33
 Enrichment Activities - CRF pp. 34-38
 Health Inventory - CRF p. 39
 Health Behavior Contract - CRF pp. 40