

**UNIT 1**  
**Chronicity: Older Adult**  
**Gordons Functional Health Pattern**  
**Self-Perception and Self-Concept**

- Unit objectives: The student will be able to:
  1. Discuss the effects of aging.
  2. Define chronic illness
  3. Describe characteristics of chronic conditions and implications for people with chronic conditions and for their families.
  4. Discuss four functional health patterns [FHP's] that most elderly and/or chronically-ill clients would fit.
  5. List measures to promote safe drug use in the elderly.
  6. Describe the legal and ethical responsibilities in caring for the elderly and/or clients with chronic conditions.