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1. Introduction

Read the text carefully:

When women become obsessed with body image

Many have experienced the way they look. "This I really don't like!" is a common phrase. "I don't like this, but I don't like the way I look!"

Lots of times we are satisfied with the way they look. TV programs, films, advertisements, magazines show women almost perfect and attractive that become their role models. This is one of the main reasons why they don't like what they see when they look in the mirror. They compare themselves to those beautiful famous people like actors, celebrities and models and they begin to

1. Anxiety and self-esteem

The obsession with body image leads to a state of mind and then when they are sitting, standing, or through the camera lens, they are not happy. The obsession with body image leads to a state of mind and then when they are sitting, standing, or through the camera lens, they are not happy. The obsession with body image leads to a state of mind and then when they are sitting, standing, or through the camera lens, they are not happy. The obsession with body image leads to a state of mind and then when they are sitting, standing, or through the camera lens, they are not happy.

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Take time to think about the state of mind and the way they look. The obsession with body image leads to a state of mind and then when they are sitting, standing, or through the camera lens, they are not happy. The obsession with body image leads to a state of mind and then when they are sitting, standing, or through the camera lens, they are not happy.

One solution is to stop comparing themselves to others. They should focus on their own body and not on the way they look. They should focus on their own body and not on the way they look. They should focus on their own body and not on the way they look.