

WEEK OF: _____

Menu Planning Worksheet

USDA Child Care Food Program Snack and Meal Pattern							
BREAKFAST							
Milk							
Fruit and/or Vegetable							
Bread or Cereal							
MORNING SNACK (Serve any two of the following foods.)							
Milk							
Fruit and/or Vegetable							
Bread or Bread Alternate							
Meat or Meat Alternate							
LUNCH							
Meat or Meat Alternate							
Vegetable and/or Fruits (2 or more)							
Bread or Bread Alternate							
Milk							
Other Foods							
AFTERNOON SNACK (Serve any two of the following foods.)							
Milk							
Fruit and/or Vegetable							
Bread or Bread Alternate							
Meat or Meat Alternate							
SUPPER							
Meat or Meat Alternate							
Vegetable and/or Fruits (2 or more)							
Bread or Bread Alternate							
Milk							
Other Foods							

PROVIDER'S NAME _____

KIDS UNLIMITED SERVICES, INC.