

True or False?

- 1) You should change your underclothes every day. True ☐ False ☐
- 2) Skin temperature is the same all over. True ☐ False ☐
- 3) All germs are harmful True ☐ False ☐
- 4) You can not be contaminated by your own germs. True ☐ False ☐
- 5) To avoid catching a cold you should wash and dry your hands regularly. True ☐ False ☐
- 6) Linen handkerchiefs are more hygienic than paper handkerchiefs. True ☐ False ☐
- 7) You should brush your teeth for three minutes after every meal. True ☐ False ☐
- 8) A wound is safe under a bandage. True ☐ False ☐
- 9) You should put your hand in front of your mouth when you cough or sneeze. True ☐ False ☐
- 10) Hands have the most germs. True ☐ False ☐

This text is not correct: there are no full stops, commas or capital letters! Correct it by:

- Colouring yellow the letters which should be capitals;
- Adding full stops and commas in red.

always wash your hands before eating to avoid swallowing germs hands get covered in germs when you play or touch dirty things these germs can make you ill babies sick people and old people are very vulnerable to germs germs also hide in clothes so don't forget to change them regularly especially pants and socks.

Jumbled Words

Cross out all the words you find horizontally or vertically and write the letters that are left in the yellow boxes. You will find out what the Netoon brushes after every meal.

S	S	E	R	D	W	E	A
O	G	F	T	H	A	I	R
A	E	O	H	A	S	F	M
P	R	O	T	N	H	I	B
N	M	T	S	K	I	N	L
O	S	T	E	Y	N	G	O
S	C	O	M	B	G	E	O
E	Y	E	B	E	A	R	D

Arm
Beard
Blood
Comb
Dress
Eye
Finger
Foot
Germs
Hair
Hanky
Nose
Skin
Soap
Toe
Washing

