

DRUG ADDICTION RECOVERY

Please check if you agree with any of the following statements.

Name: _____

tend to think _____

Thought: When I experience this warning sign I

☐ I am proud of my home

☐ I am happy _____

Feeling: When I experience this warning sign I tend to feel _____

Urge: When I experience this warning sign I have an urge to _____

Action: When I experience this warning sign what I actually do is _____

Reaction: I tend to invite others to become part of my problem by _____