

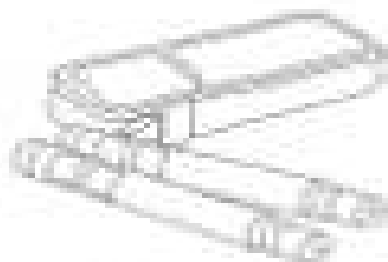


Everyday COOL with Food Allergies

A coloring page from The No Biggie Ranch®



We clean our hands before we eat.



We have emergency medicine nearby.



We share our feelings and alert grownups.



We practice how to say "No, thank you," and mean it.



We know that labels help us know what food is meant for us.

Color No Biggie Ranch books at www.noBiggerRanch.com

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