

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# SUBSTANCE ABUSE GROUP THERAPY

Please note down the rules your group established:

List 5 facts about yourself to share with the group:

Write down some facts others have shared for you to remember:

What are your goals for this session?

Reflect on the exercises you participated in today, how did they go? How was working with others?

A space for your thoughts and questions