

# **The Feminist Bookshop**

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## **ANGER MANAGEMENT FOR CHILDREN & TEENS**

### **Hands Are Not For Hitting**

*Martine Agassi \$15.95*

Picture story for young children on how to handle strong feelings without hitting. Available in paperback and boardbook formats. Poster available \$14.95.

### **Feeling Angry**

*Althea \$12.95*

Picture book for primary age group, illustrated with attractive photographs, and including notes for teachers.

### **Exploring Feelings**

*Tony Atwood \$31.95*

Cognitive Behaviour Therapy to manage anger in children.

### **I'm Furious**

#### **I'm Mad**

*Elizabeth Crary \$15.95 each*

Picture books for children about anger.

### **Try And Make Me!**

*Penny Cuninggim \$27.95*

Strategies for adults caught up in power struggles when living or working with angry kids.

### **Doing Anger Differently**

*Michael Currie \$37.95*

Helping parents, carers, and teachers understand teenage boys, their anger, and aggression. Australian author known for his work with adolescents.

### **Your Angry Child**

*Daniel Davis \$29.95.*

Provides an up-to-date understanding of the 'whys' and 'hows' of anger problems. Practical advice for parents of children with anger management issues.

### **Josh's Smiley Faces**

*Gina Ditta-Donahue \$17.95*

A story about anger for young children.

### **Angry Children Worried Parents**

*Sam Goldstein \$35.95*

Seven steps to help families manage angry children.

### **The Explosive Child**

*Ross Greene \$32.95*

New approach for understanding and parenting easily frustrated and chronically angry children.

### **What To Do When Your Temper Flares**

*Dawn Huebner \$24.95*

Kid's guide to overcoming problems with anger. An easy-read workbook.

### **In Control**

*Millicent Kellner \$54.95*

Skill-building programme for teaching young adolescents to manage anger.

### **Helping Schoolchildren Cope With Anger**

*Jim Larson \$49.95*

Cognitive-Behavioural intervention for school-based clinicians, who are looking for guidance in starting an anger management programme for children.

### **Working With Anger & Young People**

*Nick Luxmore \$39.95*

Informative resource for professionals who can themselves feel frustrated and angry working with young people's anger.

### **I Feel Angry**

*Brian Moses \$17.95*

Appealing picture book from the *Your Emotions* Series to help young children understand and cope with anger. Notes for parents/teachers included.

### **Helping Your Angry Child**

*Darlyne Gaynor Nemeth \$35.95*

Workbook for parents and children aimed at understanding and managing children's anger. Worksheets, fun puzzles and engaging games to help families communicate.

### **Anger Management Games For Children**

*Deborah Plummer \$40.95*

Easy to use games to foster successful anger management strategies for children aged 5-12.

### **We Can Work It Out**

*Barbara Polland \$18.95*

Simple book for young children on conflict resolution, illustrated with colour photographs

### **Taming Monster Moments**

*Daniel Porter \$12.95*

Fun and inspiring book to help children handle their fear and anger.

### **I'm Not Bad, I'm Just Mad**

*Lawrence Shapiro \$29.95*

Workbook to help kids control their anger and frustration.

### **Seeing Red**

*Jennifer Simmonds \$28.95*

Anger management and peacemaking curriculum for children ages 6-12. Workbook style.

### **I Was So Mad**

*Norma Simon \$12.95*

Picture-story showing young children how to deal with anger.

### **Teeth Are Not For Biting**

*Elizabeth Verdick \$15.95*

For young children to illustrate how biting hurts and is not the way to express feelings. Available only in boardbook format. Poster available \$14.95.

### **Words Are Not For Hurting**

*Elizabeth Verdick \$15.95*

Teaches children the difference between kind and unkind words. Available in paperback and boardbook formats. Poster available \$14.95